

# Benefits of Corporal Punishment: A Review of the Literature

Corporal punishment is a form of physical discipline that involves the use of force to inflict pain on a child. It is a controversial topic, and there is much debate about its effectiveness and potential harms.

Proponents of corporal punishment argue that it is an effective way to deter misbehavior and teach children discipline. They also argue that it is a relatively minor form of punishment, and that it is less harmful than other forms of discipline, such as verbal abuse or neglect.



## Benefits of Corporal Punishment by Zach Sears

★★★★☆ 4 out of 5

Language	: English
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Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
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Opponents of corporal punishment argue that it is ineffective and harmful. They argue that it does not teach children self-control or discipline, and that it can lead to physical and psychological problems. They also argue that it is a violation of children's rights.

There is a large body of research on the effects of corporal punishment. The vast majority of studies have found that corporal punishment is ineffective and harmful. A meta-analysis of 88 studies found that corporal punishment was associated with an increased risk of aggression, antisocial behavior, and mental health problems in children.

Another study found that corporal punishment was associated with an increased risk of physical injury in children. A third study found that corporal punishment was associated with an increased risk of child abuse and neglect.

The American Academy of Pediatrics (AAP) strongly discourages the use of corporal punishment. The AAP states that corporal punishment is ineffective, harmful, and a violation of children's rights.

The AAP also states that there are more effective and less harmful ways to discipline children. These methods include positive reinforcement, time-outs, and logical consequences.

If you are considering using corporal punishment, I urge you to reconsider. There are more effective and less harmful ways to discipline children. Corporal punishment is not the answer.

### **Long Tail SEO Title:**

The Effects of Corporal Punishment: A Comprehensive Review of the Research

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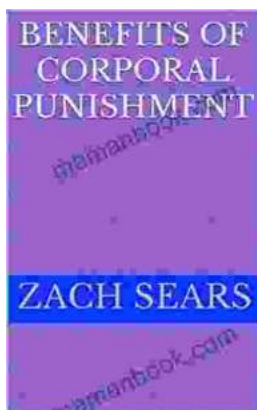
A group of children sitting in a classroom, listening to a teacher. The teacher is holding a ruler in her hand. One of the children is looking scared.



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