

# Bring the War Home: The Impact on Families of Soldiers



## Bring the War Home: The White Power Movement and Paramilitary America by Kathleen Belew

★★★★☆ 4.6 out of 5

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|----------------------|-------------|
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War is often seen as a distant event, something that happens far away from home. But for the families of soldiers, war is a very real and present danger. They live with the constant worry that their loved ones will be injured or killed. They also have to deal with the emotional and psychological effects of war on their soldiers. These effects can include PTSD, depression, anxiety, and substance abuse.

The impact of war on families can be devastating. A study by the RAND Corporation found that children of veterans are more likely to experience mental health problems, such as anxiety and depression. They are also more likely to have problems with school and relationships. Spouses of veterans are also at risk for mental health problems. They may also experience financial difficulties and relationship problems.

The war in Afghanistan has had a particularly devastating impact on families. The war has been going on for over 20 years, and it has claimed the lives of thousands of American soldiers. The families of these soldiers have been left to pick up the pieces. They have had to deal with the grief of losing a loved one, and they have also had to deal with the financial and emotional challenges that come with being a military family.

The war in Afghanistan has also had a significant impact on the families of Afghan soldiers. These families have had to deal with the death or injury of a loved one, and they have also had to deal with the displacement and poverty that comes with war.

The impact of war on families is a complex and devastating issue. There is no easy solution, but there are things that can be done to help. One important thing is to provide support for military families. This can include financial assistance, counseling, and other services. It is also important to raise awareness of the impact of war on families. By doing so, we can help to create a more supportive environment for military families.

### **Here are some tips for supporting military families:**

- Be there for them. Let them know that you care and that you are there for them.
- Listen to them. Allow them to talk about their experiences and feelings.
- Be patient. It takes time to heal from the effects of war.
- Offer practical help. This could include helping with childcare, transportation, or financial assistance.

- Educate yourself about the impact of war on families. This will help you to better understand their needs.
- Advocate for military families. Speak out about the need for support for military families.

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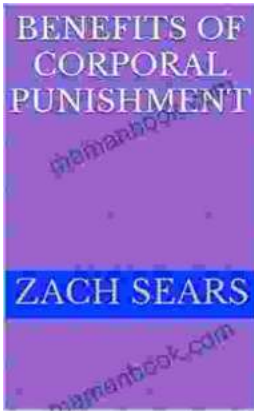


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