Feel Deeply Neville Goddard: A Guide to Achieving Your Desires through the Power of Imagination

Neville Goddard was a renowned spiritual teacher and author who dedicated his life to empowering individuals to manifest their desires through the power of imagination. At the core of his teachings lay the concept of "feeling deeply," which he believed was the key to unlocking the subconscious mind and bridging the gap between our conscious desires and their physical manifestation.

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This article will delve into the teachings of Neville Goddard on feeling deeply, exploring its significance in the manifestation process and providing practical guidance on how to cultivate this powerful state of mind.

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The Power of Feeling Deeply

According to Neville Goddard, feeling deeply is the act of aligning our emotions and beliefs with the desired outcome. It involves vividly imagining the desired state and immersing oneself in its corresponding emotions as if it were already a reality. This process creates a powerful vibration or frequency that attracts the corresponding circumstances into our lives.

The subconscious mind, which is responsible for manifesting our desires, operates on the principle of resonance. It responds to the strongest and most persistent vibrations, which are generated by our feelings. By feeling deeply, we can bypass the conscious filters and directly communicate with the subconscious mind, impressing upon it the desired outcome.

How to Feel Deeply

Cultivating the ability to feel deeply requires practice and dedication. Here are some practical tips to help you access this powerful state of mind:

- Visualization: Close your eyes and vividly picture the desired outcome as if it were already a reality. Focus on every sensory detail, including sights, sounds, smells, tastes, and physical sensations.
- Emotion Induction: Once you have a clear visualization, begin to evoke the corresponding emotions. Allow yourself to fully experience the joy, gratitude, fulfillment, or other emotions that would accompany the desired outcome.
- Affirmations: Repeat positive affirmations that reinforce the desired state. For example, "I am now experiencing the fulfillment of my desires" or "I feel deeply connected to the abundance of the universe."
- Prayer: Prayer can be a powerful tool for connecting with the higher self and accessing the subconscious mind. Express your gratitude and ask for guidance in manifesting your desires.

 Meditation: Meditation helps to quiet the conscious mind and create a receptive state for deep feeling. Focus on your breath and allow your thoughts to flow freely.

The State Akin to Sleep

Neville Goddard often referred to the "state akin to sleep" as the ideal state for feeling deeply. This state is characterized by a relaxed and receptive mind, similar to the drowsiness experienced just before falling asleep. In this state, the subconscious mind is more open to suggestion and the conscious mind is less likely to interfere with the manifestation process.

To access the state akin to sleep, follow these steps:

- Lie down in a comfortable position and close your eyes.
- Relax your body and mind by taking deep breaths.
- Focus on your breath and allow your thoughts to drift away.
- When you feel relaxed and drowsy, begin to visualize and feel deeply as if you were already in the desired state.

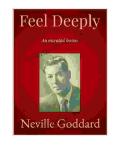
Transforming Your Self-Concept

Feeling deeply is not limited to specific desires. It can also be used to transform your overall self-concept and attract a more fulfilling life. By consistently feeling deeply into the qualities and experiences you desire, you can reprogram your subconscious mind and create a new reality that aligns with your deepest values and aspirations.

Neville Goddard's teachings on feeling deeply offer a powerful path to personal transformation and the manifestation of our desires. By embracing

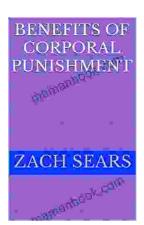
the power of imagination and immersing ourselves in the corresponding emotions, we can bridge the gap between our conscious desires and their physical manifestation. Remember, the key to unlocking the boundless potential of the subconscious mind lies in our ability to feel deeply and persist in our unwavering belief.

As you embark on this journey of self-discovery and manifestation, trust in the power within you. With dedication and a deep connection to your desires, you can achieve anything your heart desires.



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