

# He Is My Resurrection: Spiritual Transformation with Neville Goddard



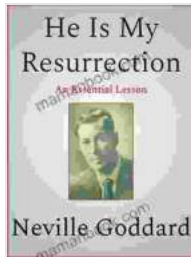
Neville Goddard, a renowned 20th-century mystic and spiritual teacher, posited the profound concept of "He Is My Resurrection." This enigmatic phrase, often misunderstood, holds the key to unlocking profound spiritual transformation and realizing our innate divine nature. Embarking on an exploration of Goddard's teachings will guide us toward a deeper understanding of this transformative principle.

**He Is My Resurrection** by Neville Goddard

★★★★★ 5 out of 5

Language : English

File size : 27 KB



Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 11 pages



## The Meaning of "He Is My Resurrection"

Goddard's enigmatic declaration, "He Is My Resurrection," refers to a fundamental truth: our true identity is not our physical bodies but rather our spiritual essence, which he referred to as "I AM." This eternal and divine aspect of ourselves, personified as "He," is the source of our being and the catalyst for our spiritual rebirth.

The resurrection spoken of here is not a physical resurrection after death, but a spiritual transformation that occurs in the present moment. It is a process of shedding our limited, ego-based identities and embracing our true divine nature. By aligning ourselves with the "I AM" within, we awaken to a profound sense of inner power, purpose, and fulfillment.

## The Process of Spiritual Transformation

According to Goddard, spiritual transformation involves a fundamental shift in our consciousness, a conscious decision to recognize and embody our true identity as divine beings. This process entails:

- **Letting Go of Limiting Beliefs:** We must release the self-limiting beliefs and negative thought patterns that have held us back. By

challenging our limiting assumptions, we create space for a new, expanded consciousness.

- **Affirming Our Divine Nature:** We must affirm and declare our true identity as divine beings. Through repeated affirmations and self-talk, we reprogram our subconscious mind to align with our highest self.
- **Visualizing Our Desired Transformation:** We can use the power of visualization to create a mental image of ourselves as the person we desire to become. By vividly envisioning our transformed selves, we plant the seeds for our future reality.
- **Living in the State of the Resurrection:** Spiritual transformation is not a destination but an ongoing process. By living in the present moment and embodying the qualities of our divine nature, we cultivate a state of resurrection, where we experience the fullness of our being.

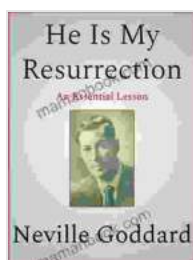
## **The Benefits of Spiritual Transformation**

Embracing the principle of "He Is My Resurrection" brings about profound benefits in our lives:

- **Inner Peace and Harmony:** By aligning with our true nature, we find inner peace and harmony. We become less affected by external circumstances and more rooted in a deep sense of well-being.
- **Increased Awareness and Intuition:** Our consciousness expands, enhancing our awareness and intuition. We become more sensitive to our inner guidance and the subtle energies of the universe.
- **Purposeful and Meaningful Life:** By connecting with our divine purpose, we gain a greater understanding of our life's journey and the unique contributions we are meant to make.

- **Enhanced Creativity and Abundance:** We unlock our creative potential and experience increased abundance in all areas of our lives. By aligning with the limitless potential of the universe, we manifest our desires more easily.

Neville Goddard's teachings on "He Is My Resurrection" offer a profound path to spiritual transformation. By understanding and embodying this principle, we can awaken to our true divine nature, shed our limiting beliefs, and live a life filled with purpose, peace, and fulfillment. The journey of resurrection is an ongoing process, requiring a conscious commitment to self-discovery, self-acceptance, and alignment with our highest selves. As we embrace the truth that "He Is My Resurrection," we unlock the potential for a transformative and extraordinary life.

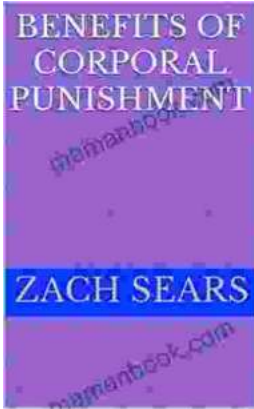


### **He Is My Resurrection** by Neville Goddard

★★★★★ 5 out of 5

Language : English  
File size : 27 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 11 pages





## **Benefits of Corporal Punishment: A Review of the Literature**

Corporal punishment is a form of physical discipline that involves the use of force to inflict pain on a child. It is a controversial topic, and there is much debate about its...



## **The Premier Package: Candace Quickies - A Comprehensive Review of the Ultimate Do-It-Yourself Cleaning Solution**

Candace Quickies is a revolutionary do-it-yourself cleaning solution that has taken the home cleaning industry by storm. With a deep...